Dear Sex Spectrum Believers,
I know you don't like facts or research or science, so I'll keep this mini-thread simple for you.

Why You Haven't Thought Your Theory Through:

A sex spectrum in humans would mean that only a small number of men can be 100% male. And only a small number of women can be 100% female. Everyone else would lie somewhere inbetween.
So, the majority of men would not be men but, physically, partly women. And the majority of women would not be women but, physically, partly men.
And some people would be 50% physically male and 50% physically women.
And what about transwomen? We all know TWAW but, in your theory, they wouldn't be. Most, at least, would be partly men. Isn't that transphobic?
So, Sex Spectrum Theory = transphobic hate and bigotry.
Here it is in picture form for you:

What is and is not a spectrum:
Finally, people with intersex conditions or DSDs do not make a spectrum of human sex:
/end